

Same-Day Surgery Center

At Crosstown Surgery Center, our skilled team of surgeons provide same-day surgery to children and adults whose treatment does not require an overnight hospital stay. The team of experienced anesthesia staff, registered nurses, surgical technicians and surgeons work together to ensure each patient experiences superior surgical results in a safe, comfortable and private setting.

PRE-SURGERY CHECKLIST

30 Days Prior to Surgery

- ☐ Please call your insurance company to confirm your financial responsibilities for the surgery.
- ☐ Schedule an appointment for your history and physical with your primary care physician, within 30 days of your surgery. Please have it faxed to 952-456-7399 at least 3 days prior to your scheduled surgery.

MEDICATIONS: Discuss all medications/supplements you currently take with your family physician. **IF YOU CURRENTLY TAKE ANY MEDICATION (BLOOD THINNERS) OR ASPIRIN, TALK TO THE PRESCRIBING DOCTOR about dosing before and after surgery.**

- ☐ Complete your Pre-Admission Survey.

If a cell phone number was provided, you will receive a text message from Crosstown Surgery Center asking you to “opt in” for text messaging. If you agree and respond “Yes”, you will receive a text with a link to complete your pre-admissions survey. If you do not “opt in”, you will receive this link via email if email was provided.

If an email or cell phone was not provided, a paper copy will be provided to complete upon check-in. Please bring a list of your medications to complete this form.

7 Days Prior to Surgery

- ☐ Verify your ride to and from the surgery center. You will NOT be allowed to use a cab, walk or drive yourself home. Your driver must be at least 18 years of age. We request that a responsible adult stay at the surgery center for the entirety your procedure. If they are unable to stay, they must be **IMMEDIATELY** available after your surgery is completed. They will be receiving your discharge instructions.
- ☐ For your safety, identify who will be the caregiver staying with you for 24 hours after surgery.
- ☐ If you develop a sore throat, fever, cold or infection please call the surgery center.

24 Hours Prior to Surgery

- ☐ The night before your surgery, complete your first shower using Hibiclens®/CHG antibacterial soap. Please refer to preoperative CHG Shower Instructions.
- ☐ Follow instructions for stopping all food, drink and tobacco products, provided by the surgery center. The surgery center will contact you 48-72 hours prior to your surgery date.

Day of Surgery

- ☐ Prior to arrival complete your second shower using Hibiclens®/CHG antibacterial soap.
- ☐ Do not wear contact lenses on day of surgery and bring case for glasses.
- ☐ Wear your hearing aids, if applicable.
- ☐ Please follow the plan for medication dosing as instructed by your primary care physician.
- ☐ Bring your inhaler, if applicable.
- ☐ Wear large, loose-fitting clothing that you can easily take off and put on before and after your surgery. You may need to cover large bandages, slings or a cast. Be sure your clothing will accommodate your surgical dressing. Women may wear a sports bra or bra without metal.
- ☐ Bring your I.D. and insurance card(s). Please leave all other valuables at home (jewelry, purses, etc.). Crosstown Surgery Center is not responsible for any lost or stolen items.
- ☐ Bring CPAP machine, if applicable.
- ☐ Bring any durable medical equipment (crutches, boots, slings, etc.) that you may have received at your clinic appointment.

HIBICLENS ANTIBACTERIAL SOAP

Where to Purchase or Obtain Hibiclens®/CHG?

CHG or Hibiclens® is available for purchase at local pharmacies and retail stores such as Walgreens, CVS, Target, and Walmart. You may also obtain Hibiclens® at the following locations for no charge:

- Blaine - Blaine Orthopedic Surgery Center (3rd floor)
- Chaska - Two Twelve Surgery Center (3rd floor, Suite 340)
- Eagan - Eagan Orthopedic Surgery Center (3rd floor)
- Edina - Crosstown Surgery Center (3rd floor)
- Plymouth - Plymouth Orthopedic Surgery Center (3rd floor)

If you are unable to obtain CHG or Hibiclens®, please contact your surgeon's clinic coordinator for assistance with alternative resources.

Why are Preoperative Showers Important Prior to Surgery?

Completing these preoperative showers before surgery is an important step toward reducing your risk of a surgical site infection.

Preoperative Showering Instructions

For step-by-step instructions, refer to the CHG Shower Instructions handout included in your surgical packet or visit the patient forms section on our surgery center website.

DIRECTIONS

FROM THE WEST

Head East on US-212 E. US-212 E becomes MN-62 E. Take the Valley View Road exit from MN-62 E and keep left at the stoplight. Continue straight onto W. 65th Street. Crosstown Surgery Center will be on your left, on the 3rd floor of the Twin Cities Orthopedics building.

FROM THE EAST

Head West on MN-62 W. Take the France Ave S/County Rd 17 exit and turn left onto France Ave S. Continue straight and turn right onto W. 65th Street. Crosstown Surgery Center will be on your right, on the 3rd floor of the Twin Cities Orthopedics building.

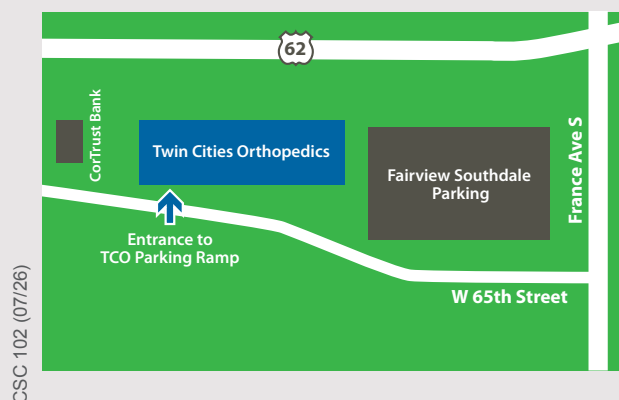
FROM THE NORTH

Take MN-100 S and merge onto MN-62 E. Take the Valley View Road exit from MN-62 E and keep left at the stoplight. Continue straight onto W. 65th Street. Crosstown Surgery Center will be on your left, on the 3rd floor of the Twin Cities Orthopedics building.

FROM THE SOUTH

Take I-35W N toward Minneapolis. Merge onto MN-62 W. Take the France Ave S/County Rd 17 exit and turn left onto France Ave S. Continue straight and turn right onto W. 65th Street. Crosstown Surgery Center will be on your far right, on the 3rd floor of the Twin Cities Orthopedics building.

Park in the TCO ramp, it is free parking.
(The hospital ramp charges for parking).



NAME _____

DATE OF SURGERY _____

PROCEDURE _____

SURGEON _____

Crosstown Surgery Center

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P: 952-456-7300 | F: 952-456-7399

CrosstownSurgeryCenter.com