

## Hibiclens Antibacterial Soap

Obtaining Hibiclens Antibacterial Soap

If you need to obtain Hibiclens, it is available for pick up at the following locations:

- Crosstown Surgery Center: 4010 W. 65th St. Edina, MN 55435, Third Floor (no cost).
- Twin Cities Orthopedics - Edina: 4010 W. 65th St. Edina, MN 55435, Second Floor (no cost).
- Two Twelve Surgery Center: 111 Hundertmark Rd., Suite 340, Chaska, MN 55318, Third Floor (no cost).
- Eagan Orthopedic Surgery Center: 2700 Vikings Circle, Suite 300, Eagan, MN 55121, Third Floor (no cost).
- For purchase, at your local drug store or pharmacy.

## Guide for using Hibiclens Antibacterial Soap

- You will complete two showers using Hibiclens. You will take one shower the night before your surgery and one the morning of surgery.
- If you plan to wash your hair, do so with your regular shampoo. Then rinse hair and body thoroughly to remove any shampoo residue.
- Avoid getting Hibiclens in your eyes, nose, ears, mouth or genital areas.
- Apply Hibiclens soap to a wet washcloth; gently cleanse your body from the neck down. Focus on the area of your body that you will have surgery, cleansing for 5 minutes.
- Do not scrub your skin or use a brush.
- Do not shave any hair from your body.
- Dry your body with a clean towel.
- Do not apply any lotions, powders, perfumes, makeup or hair products after washing.
- Wear clean clothing and sleep in clean bedding.

[CrosstownSurgeryCenter.com](http://CrosstownSurgeryCenter.com)

## Directions to Crosstown Surgery Center

### FROM THE WEST:

Head East on US-212 E. US-212 E becomes MN-62 E. Take the Valley View Road exit and then keep left to take the ramp toward Hospital. Continue straight onto W 65th Street. Crosstown Surgery Center will be on your left, on the 3rd floor of the Twin Cities Orthopedics building.

### FROM THE EAST:

Head West on MN-62 W. Take the France Ave S/County Rd 17 exit and turn left onto France Ave S. Continue straight and turn right onto W 65th Street. Crosstown Surgery Center will be on your right, on the 3rd floor of the Twin Cities Orthopedics building.

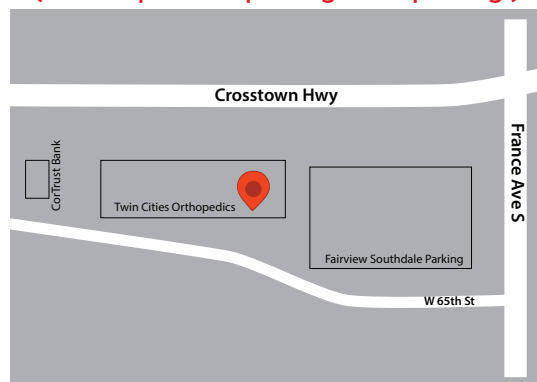
### FROM THE NORTH:

Take MN-100 S and merge onto MN-62 E. Take the Valley View Road exit from MN-62 E and keep left at the stoplight. Continue straight onto W 65th Street. Crosstown Surgery Center will be on your left, on the 3rd floor of the Twin Cities Orthopedics building.

### FROM THE SOUTH:

Take I-35W N toward Minneapolis. Merge onto MN-62 W. Take the France Ave S/County Rd 17 exit and turn left onto France Ave S. Continue straight and turn right onto W 65th Street. Crosstown Surgery Center will be on your right, on the 3rd floor of the Twin Cities Orthopedics building.

**Park in the TCO ramp, it is free parking.  
(The hospital ramp charges for parking.)**



CSC 102 (04/22)

# CROSSTOWN SURGERY CENTER

4010 W. 65th #300

Edina, MN 55435

P: 952-456-7300 | F: 952-456-7399



NAME \_\_\_\_\_

DATE OF SURGERY \_\_\_\_\_

PROCEDURE \_\_\_\_\_

SURGEON \_\_\_\_\_



## Same-Day Surgery Center

At Crosstown Surgery Center, our skilled team of surgeons provide same-day surgery to children and adults whose treatment does not require an overnight hospital stay. The team of experienced anesthesia staff, registered nurses, surgical technicians and surgeons work together to ensure each patient experiences superior surgical results in a safe, comfortable and private setting.

### Pre-Surgery Checklist (30 days prior to surgery)

- ☐ Please call your insurance company to confirm your financial responsibilities for the surgery.
- ☐ Schedule an appointment for your history and physical with your primary care physician, within 30 days of your surgery. Please have it faxed to 952-456-7399 at least 3 days prior to your scheduled surgery date.

**MEDICATIONS:** Discuss all medications/supplements you currently take with your family physician.

IF YOU CURRENTLY TAKE ANY ANTICOAGULATION MEDICATION (BLOOD THINNERS) OR ASPIRIN, TALK TO THE PRESCRIBING DOCTOR about dosing before and after your surgery.

- ☐ Complete your Pre-Admission Survey.

If a cell phone number was provided, you will receive a text message from Crosstown Surgery Center asking you to "opt in" for text messaging. If you agree and respond "Yes", you will receive a text with a link to complete your pre-admissions survey. If you do not "opt in", you will receive this link via email if email was provided.

If an email or cell phone was not provided, a paper copy will be provided to complete upon check-in. Please bring of a list of your medications to complete this form.

### Pre-Surgery Checklist (7 days prior to surgery)

- ☐ Verify your ride to and from the surgery center. You will NOT be allowed to use a cab, walk or drive yourself home. Your driver must be at least 18 years of age. We request that a responsible adult stay at the surgery center for the entirety of your procedure. If they are unable to stay, they must be **IMMEDIATELY** available after your surgery is completed. They will be receiving your discharge instructions.
- ☐ For your safety, identify who will be the caregiver staying with you for 24 hours after surgery.
- ☐ If you develop a sore throat, fever, cold or infection please call the surgery center.

### Pre-Surgery Checklist (24 hours prior to surgery)

- ☐ The night before your surgery, complete your first shower, using Hibiclens antibacterial soap. Please see last column for instructions on obtaining and using Hibiclens soap.
- ☐ Follow instructions for stopping all food, drink and tobacco products, provided by the preoperative phone call (the surgery center will call 48-72 hours prior to your surgery date).

### Pre-Surgery Checklist (day of surgery)

- ☐ Prior to arrival, complete your second shower, using Hibiclens antibacterial soap.
- ☐ Do not wear contact lenses on day of surgery and bring case for glasses.
- ☐ Please follow the plan for medication dosing as instructed by your primary care physician. Wear your hearing aids, if applicable.
- ☐ Bring your inhaler, if applicable.
- ☐ Wear large, loose fitting clothing that you can easily take off and put on before and after your surgery. You may need to cover large bandages, slings or a cast. Be sure your clothing will accommodate your surgical dressing. Woman may wear a sports bra or bra without metal.
- ☐ Bring your I.D. and Insurance Card(s). Please leave all other valuables at home (Jewelry, purses, etc.) Crosstown Surgery Center is not responsible for any lost or stolen items.
- ☐ Be prepared to drop your prescriptions off at a pharmacy on the way home. The Crosstown Surgery Center does not have an on-site pharmacy.
- ☐ Bring CPAP machine, if applicable.
- ☐ Bring any durable medical equipment (crutches, boots, slings, etc.) that you may have received at your clinic appointment.
- ☐ Bring this folder to surgery appointment.