



**Crosstown Surgery Center  
Preoperative Anesthesia Requirements  
History and Physical examination**

**Please Fax History and Physical to 952-456-7399**

\*Must be completed within 30 days of surgery unless otherwise directed.

**EKG Requirements:**

- All Patients 60 y/o or older within six months of surgery
- Patients with cardiovascular disease, CHF, renal disease, insulin-dependent Diabetes

**Lab Requirements:**

- Hemogram - patients being treated for cancer and/or receiving Chemotherapy
- Hemoglobin -
  1. Patients over the age of 60 y/o
  2. Patients with renal disease
  3. Patients with chronic anemia
- Blood Glucose or accucheck for all diabetics
- Potassium -
  1. Patients with renal disease
  2. Patients receiving diuretics must be within 14 days of surgery
  3. **\*\*Patient with new diuretic script or dosage change within the past 30 days must have their potassium level drawn and reported within 48 hours of surgical procedure**
  4. Patient taking Digoxin within 48 hours of surgery
  5. Patients on any potassium depleting medication
- INR -
  1. Patients on Coumadin must have within 48 hours of the procedure. Notify Surgeon if the INR is greater than 2.5.
- NA /K /Chloride /CO<sub>2</sub>, BUN, Creatinine -
  1. Patients with renal disease
- UPT -
  1. All menstruating females  
**\*\*Menstruating females less than 18 years of age are required to have a pregnancy test done within seven days prior to admission to Surgery Center. Failure to do so may result in the cancellation of the procedure.**

1. Instruct patient to take **cardiovascular, pulmonary, or seizure medication** as directed by prescribing Physician for the morning of surgery. Any medications instructed to take, should be taken with small glass of water no less than two hours before scheduled arrival time.
2. **Diabetics:** Patient on oral medication for diabetic control should be instructed to take their evening dose but to hold the AM dose of surgery. Insulin dependent diabetics should follow the recommendations of their prescribing Physician.
3. **Pulmonary disease:** Patients with asthma or COPD should use inhalers the morning of surgery. Instruct them to bring their inhaler with them to the Surgery Center.
  - 3a. If available, please acquire an O<sub>2</sub> saturation reading.
4. **Blood Thinners:** Patients on anticoagulant medication should follow the instructions of their prescribing Physician.
5. **Steroid Use:** Notify the Anesthesiologist if the patient takes Cortisone preparations such as Prednisone.

If you have any further questions regarding preoperative requirements please contact Crosstown Surgery Center at 952-456-7300.